

# Menphys Saturday Clubs Newsletter

## Autumn/Winter 2017

### Have Fun, Believe, Fly!



Welcome to the second Menphys Saturday Club newsletter. We are now very at home at Barley Croft Community Centre, and really appreciate their continued support ensuring that our clubs have such a high quality and pleasant environment. Our clubs continue to grow and develop and we are delighted to share with you our latest news.

#### Autumn Term Activity Themes

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| 2 <sup>nd</sup> Sept: Construction Crazy  | 4 <sup>th</sup> Nov: Bonfire Night     |
| 9 <sup>th</sup> Sept: Hawaiian Hullabaloo | 11 <sup>th</sup> Nov: Indoor Olympics  |
| 16 <sup>th</sup> Sept: Superhero Day      | 18 <sup>th</sup> Nov: Drama            |
| 23 <sup>rd</sup> Sept: Fairytale Fun      | 25 <sup>th</sup> Nov: To be confirmed  |
| 30 <sup>th</sup> Sept: Makeover Madness   | 2 <sup>nd</sup> Dec: To be confirmed   |
| 7 <sup>th</sup> Oct: Pirates Away         | 9 <sup>th</sup> Dec: Christmas!        |
| 28 <sup>th</sup> Oct: Games Games Games!  | 16 <sup>th</sup> Dec: Christmas party! |



## TESCO

#### Tesco Bags Of Help Scheme

Make a purchase in store and then use your token to vote for the Saturday clubs! Participating Stores:

- Leicester Hamilton Extra
- Leicester Humberstone Express
- Syston Leicester Metro
- Leicester Melton Road Express
- Leicester Extra
- Birstall Extra Express

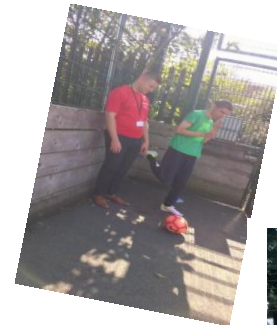
#### Sport at the Saturday Club

Over the summer term, the Club Members enjoyed weekly inclusive sports session delivered by Leicester City Football Club Community Trust. They had the opportunity to try a wide range of sports including boccia, football skills, boules and target games. These sessions will continue until October, then we are delighted to announce that the Leicester Tigers will be commencing 12 Inclusive Rugby sessions with the Fusion Club.

#### Successful Grant Applications to Deliver Sport!

Following the success of introducing sport as a regular activity to the Clubs we were delighted to receive funding from the Provident Good Neighbour Scheme, and the Shires Community Grants in order to purchase the much needed sport equipment and staff training required to continue this activity.

Please don't forget to fill in our sports questionnaire!



## Gardening

For 2017 we had planned for gardening to be a regular activity for the Club Members. Unfortunately, we were unable to commence this due to being so busy with other planning, and also the ongoing challenge of raising the funds we need for resources. We now aim to commence gardening as a regular activity in 2018 and are looking for a Volunteer Gardener to assist us with this. If you know of anybody who may be interested in this role, please do speak to Charlotte.



## Christmas Party



Saturday December 16th

Magician  
Disco  
Games  
Buffet lunch (packed lunch not required)

Please join us at 12.30 for Santa, coffee and a mince pie!



## Can you help?

Did you know that our clubs cost over £20,000 a year to run? We are always looking for ways to keep our costs down and are currently looking for donations of the following:

- Arts and craft materials
- New or unwanted garden tools
- Unwanted iPads or Tablets
- Games consoles and games
- Small flat screened TVs
- Suitable board games.

Are you able to help, or do you know of anyone who may be able to?

## Staff News!

Sadly over the summer we said goodbye to several members of staff who we will all miss. Victoria Gee from the Spark Club who is off to university, and also the volunteers Rosie Davies and Rachel Gurney. They are all progressing to careers in the Health and Education sectors, and we would like to thank them for all their hard work and wish them well for their futures. We are currently recruiting a new member of staff for the Spark Club.

We remain committed to developing our staff's knowledge and skills and they have attended the following training over the summer:

- Supporting Young People With ADHD
- Inclusive Community Sport Training
- Supporting Young People to take Acceptable Risks
- Neurodevelopmental Disorders, ASD/and or ADHD
- Supporting Young People Who Challenge Services.

## New for September 2017, Staff and Volunteer T-Shirts!



## REMINDER OF CLUB CANCELLATION!

The clubs will be closed October 14<sup>th</sup> for a staff meeting

